

HEADACHE AWARENESS 2011

Fighting the Battle Against Post-Traumatic Headache & Migraine

Free Educational Program for Headache & Migraine related to Traumatic Brain Injury and Post-Traumatic Stress Disorder

Saturday, March 5, 2011
12:30 PM - 5 PM

Doubletree Hotel & Conference Center
2651 Perimeter Parkway
Augusta, GA 39090

Space is Limited.

Pre-registration is required

To Register:

Please call 800-843-2256 or
visit www.headaches.org

Free Registration includes:

- One Year Membership to NHF

Come Hear Nationally Recognized Experts in Headache, TBI (Traumatic Brain Injury) and PTSD (Post-Traumatic Stress Disorder).

- **Taking Charge of Your Headaches**
- **How to Build Effective Communication with Your Healthcare Provider**
- **Empowering Yourself to be the Expert on Your Headache Treatments**
- **Get Your Questions Answered**

Learn to Manage Your Migraine / Headaches!

The National Headache Foundation is the world's largest voluntary organization for the support of headache sufferers.

12:30pm - 1:30pm : Registration / Exhibits
1:30pm - 4:30pm : Educational Program
4:45pm - 5:45pm : Join us for beverages and appetizers as we kick-off for
HEADACHE AWARENESS 2011

For 40 Years the National Headache Foundation has been helping people with headaches and has now stepped forth to serve those who have served them: the United States military. Studies have shown veterans suffer from extreme headaches, commonly known as migraines, at more than double and as much as four times, the prevalence of the general population. Thousands of veterans return home suffering from invisible wounds that result from both brain injury and emotional trauma. Few people realize that these wounds can disable even the most physically fit and mentally resilient men and women who serve in our armed forces. NHF wants to do its part in helping them find the treatment and services they need.



"Fighting the Battle Against Migraine & Headaches" is one of the National Headache Foundation's regional conferences on headache awareness planned for 2011. Each conference includes a session for health care professionals and a session for people who have migraine or other headache disorders (family members are welcome). For more information and to locate a program near you visit www.headaches.org.

About the NHF

The National Headache Foundation's mission is to provide educational and informational resources, support headache research, and advocate for the understanding of headache as a legitimate neurobiological disease. It seeks to be a source of help for sufferers' families, physicians who treat headache sufferers, allied healthcare professionals and to the public.

For more information about the [War Veterans Health Resource Initiative](http://www.headaches.org/warveterans/), please visit www.headaches.org/warveterans/.

Become a new one-year member for **Free!** The NHF invites you, our Country's War Veterans, to receive the most trustworthy headache information you want and need! To learn more, please visit www.headaches.org/vetsoneyearmember.



Helping People
with Headache

for
40
Years

NATIONAL
HEADACHE
FOUNDATION



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